Medication Schedule

Day	Time	Medication	Dose	Tick	Time	Medication	Dose	Tick	Time	Medication	Dose	Tick
(Example) Sunday	7AM	Panadol	300mg	√	10AM	Nurofen	200mg	√				
	1PM	Panadol	300mg	✓	6PM	Nurofen	200mg	✓				
	7PM	Panadol	300mg	√								
Monday												
Tuesday												
Wednesday												
Thursday												
Friday												
Saturday												
Sunday												
				_								
	-	•							-		,	

√Tick once medication has been given

Dosage: Paracetamol (Panadol): Administer every 6 hours as per dosing on packaging

Ibuprofen (Nurofen): Administer every 8 hours as per dosing on packaging

Other Medications e.g. Oxycodone etc: Administer as prescribed by doctor

Note: Recommended dosage/KG may differ between brands