

Please ensure that you have completed the online admission as directed by the staff at SCENT.

**IMPORTANT: Some medications need to be ceased prior to surgery.**

**Medications**

**Herbal medications / Supplements**

Must be stopped 2 weeks prior to surgery.

Please see list overleaf for examples of medications in this category

**Non-Steroidal Anti-inflammatory drugs (NSAIDS)**

Must be stopped 1 week prior to surgery.

Please see list overleaf for examples of medications in this category

If your child requires painkillers during this time, please use **Panadol**.

**Diabetic medications**

If your child takes Insulin, discuss how to alter the dose with your Anaesthetist.

**CT scans or X Rays**

Please bring these with you to hospital (if applicable).

Failure to do so may result in cancellation of your child's surgery.

**Day Before Surgery**

The Hospital will contact you on the afternoon or evening prior to your child's surgery to confirm arrival time and fasting time.

**The Day of Surgery**

- We schedule children early on the list if possible and make every effort to make their hospital stay is pleasant as possible.
- Please dress your child in loose fitting clothes or pyjamas (not all-in-one suits).
- Bring nappies if these are usually worn at night.
- One parent can accompany the child into the operating theatre until they are asleep.
- If your child is staying overnight, one parent must stay with them.
- Please feel free to bring their favourite comforter or toy.
- **Your child must not eat for 6 hours prior to surgery.**
- A small amount of **clear fluids only** (water or clear apple juice, but NOT milk) may be given up to 1 hour before surgery.
- Children must not be breast-fed for 4 hours prior to surgery.
- Children must not have formula milk for 6 hours prior to surgery.

## **EXAMPLES OF MEDICATIONS THAT MAY NEED TO BE STOPPED PRIOR TO SURGERY**

### HERBAL MEDICATIONS & SUPPLEMENTS

Dindevan (Phenindione)

Echinacea

Fish Oil

Ephedra

Garlic

Ginger

Ginkgo

Ginseng

Horseradish

Kava

Valerian

Meadowsweet Tea

Primrose Oil

St John's Wort

Vitamin E

Willow Bark

### **BLOOD THINNING MEDICATION**

**ASPIRIN** and medications which contain aspirin

**NSAIDS** (non-steroidal anti-inflammatory drugs)

Advil (Ibuprofen)

Nurofen (Ibuprofen)

Brufen (Ibuprofen)

Voltaren (Diclofenac)